



# RHINOPLASTY



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## What Is Rhinoplasty?

Rhinoplasty is a cosmetic surgery conducted on the nose to reshape or resize the nose, and also to correct the breathing problems. This procedure helps to make the nose appear better, and improves any functional disorders. It is a safe method to alter the nose size in relation to the rest of the face.

It also can change the width of the nose bridge and reduces the appearance of humps or depressions on nose. Other corrections that can be done through this procedure are the position of the nasal tip, the size of the nostrils, and the symmetry of both nostrils.

Rhinoplasty procedure is done if

- You want to change the appearance of their nose
- You have broad or blunt nose
- You have a round, bulbous nose which might make your face look fat
- You have a tilted (deviated) nose might lead to difficulty in breathing.
- You are suffering with breathing problems like snoring, deviated septum, or inferior turbinate hypertrophy, due to improper functionality of your nose
- You have had a nasal fracture due to any accident or trauma in a car or due to playing any sport

## What Rhinoplasty Can / Can't Do

### ✓ Can

- Make your nose smaller and more aesthetic
- Remove abnormalities like dorsal humps and saddle noses
- Correct a deviated septum, improving your breathing
- Make your nose slimmer
- Reorient the tip, so doesn't look like a hook or is too pointed

### ✓ Can't

- Affect your normal breathing
- Give you a completely new nose
- Make your nose too big for your face

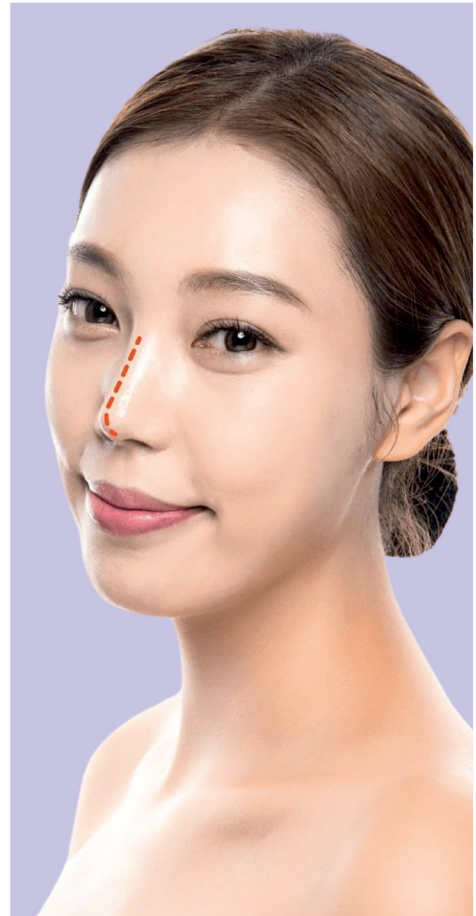


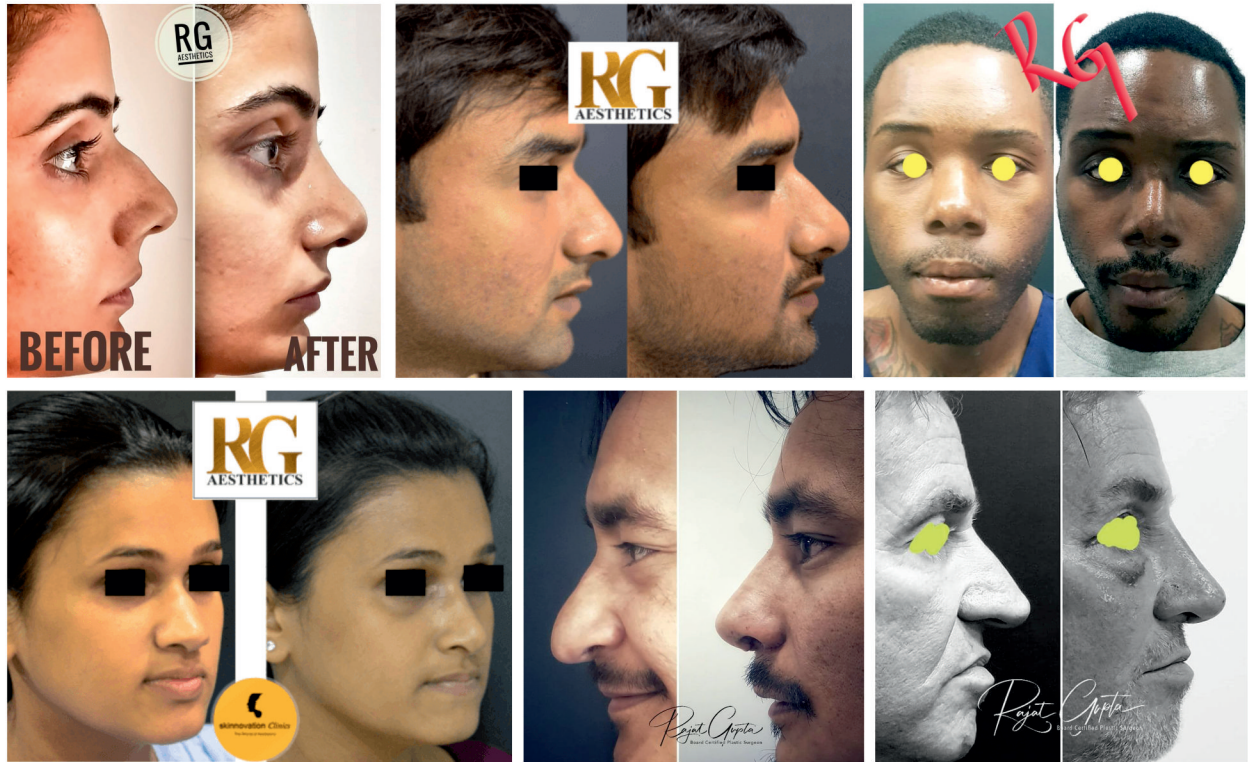
## Procedure of Rhinoplasty

- Rhinoplasty is done under general anesthesia
- The surgeon will add or remove the bones and cartilage from the nose.
- The other options to enhance the aesthetics are adding a cartilage graft or remodeling of the tip to make it look younger and fitter.
- Fillers or fat grafts can also be put in to increase the volume and give that youthful look.
- Some patients prefer silicone, but it comes with its risks of infection

## Recovery After Rhinoplasty?

- Outpatient procedure
- After the operation a splint will be placed on your nose.
- The nasal orifices will be covered and packed with paraffin gauze for 24 to 48 hours.
- You will be required to wear a patch on the upper lip that you will have to change many times a day.
- In 7-9 days the splint will be removed and you will be able to do your day-to-day activities.
- The bruises & swelling will diminish in the next few days and the nose will get softer over a few months and get back to normal.
- Avoid sun in the initial days of surgery.
- Within 15 days, you can start practicing light sports, but it is recommended to resume heavy exercises only after a month and consulting your surgeon





## About Dr. Rajat Gupta



Dr. Rajat Gupta is a gold-medallist, board-certified plastic surgeon in India. As the National Secretary of the Indian Association of Aesthetic Plastic Surgery (IAAPS), he has been accredited with consistently raising the standards of aesthetic surgery in the country.

He also consistently trains prospective plastic surgeons coming from all over the world to learn the finesse with which he performs every procedure, using refined cosmetic surgery techniques and technologies.

His clientele includes the who's who of the Indian film industry, alongside prominent politicians and several international patients.

Today, Dr. Gupta sports unparalleled expertise in cosmetic surgery with a keen eye for detail and an in-depth understanding of aesthetics.

To book an appointment,  
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