

BREAST AUGMENTATION



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What Is Breast Augmentation?

Breast augmentation or breast enlargement or medically known as Mammoplasty can be done using silicone gel implants, saline implants or fat transfer.

Breast Augmentation procedure is done if:

- You have smaller breast size and desire a more proportionate figure.
- You want a deeper cleavage.
- Faculty at prestigious institute of plastic surgeries
- You have lost breast size & shape due to massive weight loss.
- You have lost of volume on your breasts due to natural ageing or breastfeeding.
- You have asymmetric breasts and the uneven size is prominently visible

What Breast Augmentation Can / Can't Do

✓ Can

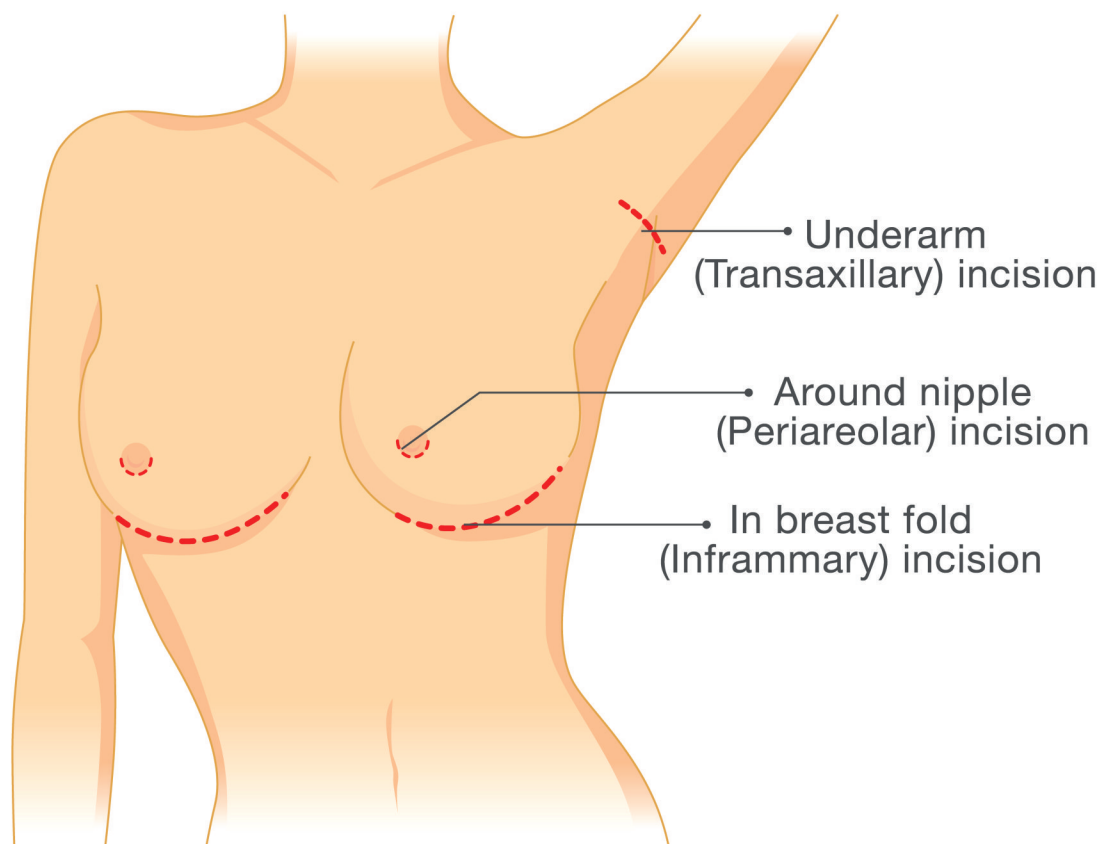
- Increase fullness and volume of the breasts
- Improve projection of the breast
- Improve breast to hip proportion
- Make breasts look symmetrical
- Enhance your self-image and self-confidence

✓ Can't

- Reorient your nipple and areola, making your breasts perkier
- Give you breasts that are too big for your body

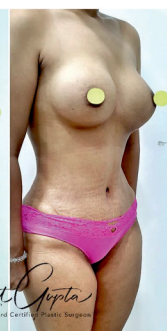
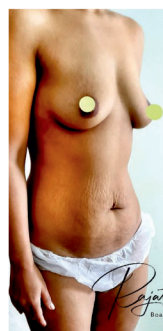
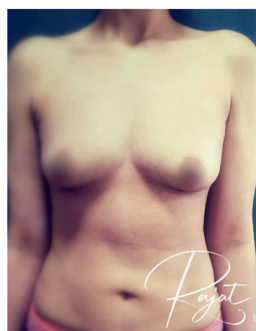
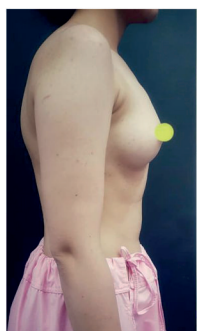
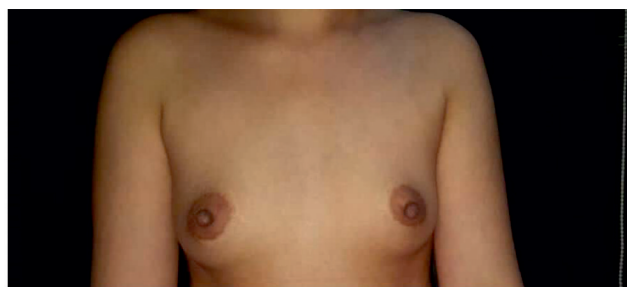
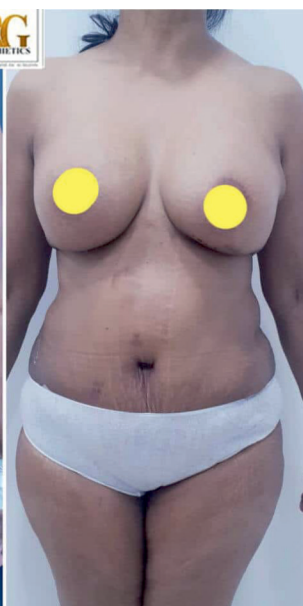
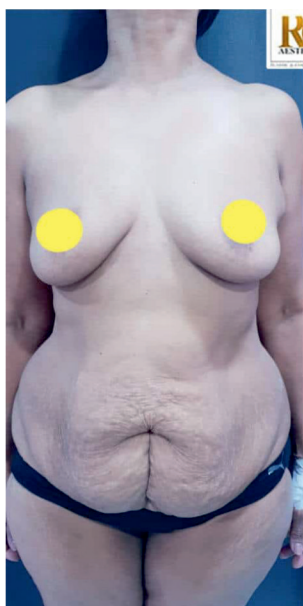
Procedure of Breast Augmentation

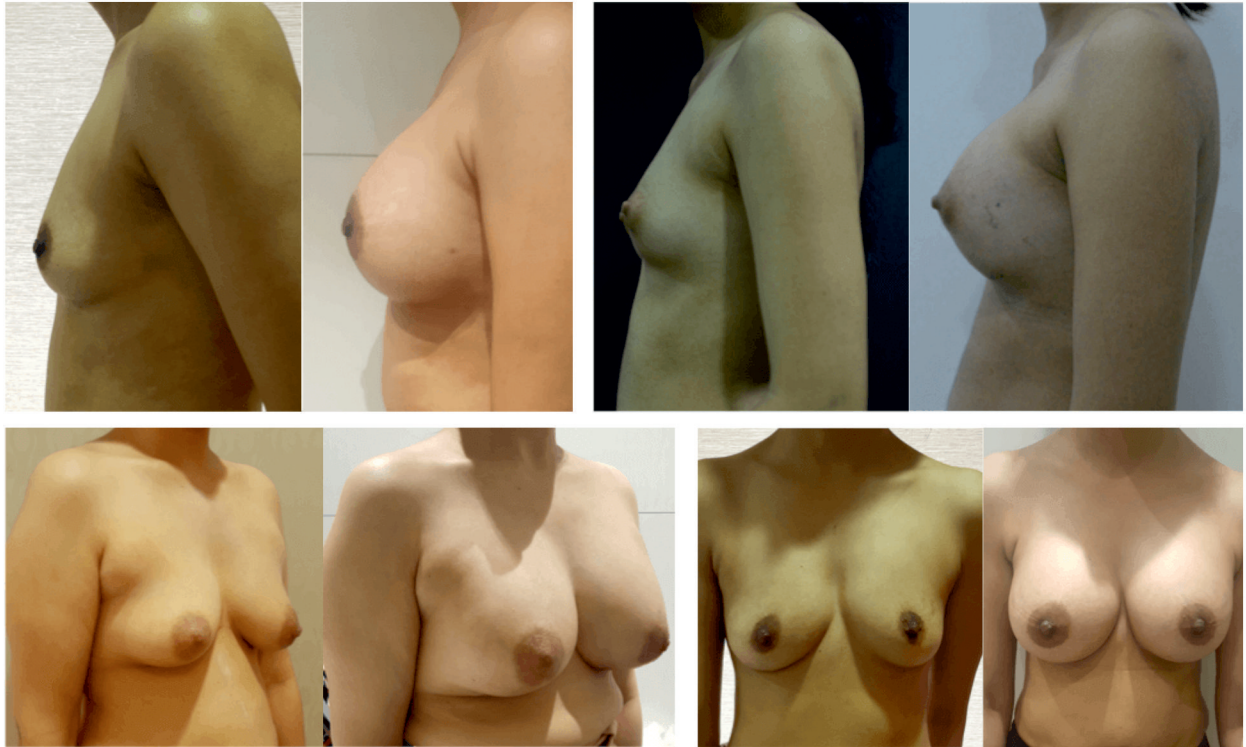
- Out-patient procedure and the patient is discharged the very same day
- For breast augmentation using breast implants, incisions are made either along the areolar edge (peri-areolar incision), the fold under the breast (inframammary fold) or in the armpit (axillary incision)
- Through the incision, an implant is placed either under the pectoral muscle or directly behind the breast tissue
- The incision is closed using sutures or adhesive or surgical tape



Recovery After Breast Augmentation?

- Outpatient procedure
- You may have some swelling, bruising & discomfort in the first 24-48 hours. This is only temporary and diminishes as the recovery proceeds.
- You can start your daily routine work from next day after the surgery and can go for a walk etc.
- If you are on a desk job, you will be able to return to work 3 days post-op.
- Avoid sudden movements, lifting weights, etc., for approximately two week.
- Use compression garment or compression bra for minimum 4 weeks after the surgery for the breasts to maintain the contours achieved immediately after the surgery.
- By one month, bruising, discomfort and most swelling will disappear and you will feel "back to normal".
- And by 6-8 weeks, you can begin all types of physical activities, but only after the consent of your surgeon.
- The breasts will still continue to settle into their final position over the course of the next few months.





About Dr. Rajat Gupta



Dr. Rajat Gupta is a gold-medallist, board-certified plastic surgeon in India. As the National Secretary of the Indian Association of Aesthetic Plastic Surgery (IAAPS), he has been accredited with consistently raising the standards of aesthetic surgery in the country.

He also consistently trains prospective plastic surgeons coming from all over the world to learn the finesse with which he performs every procedure, using refined cosmetic surgery techniques and technologies.

His clientele includes the who's who of the Indian film industry, alongside prominent politicians and several international patients.

Today, Dr. Gupta sports unparalleled expertise in cosmetic surgery with a keen eye for detail and an in-depth understanding of aesthetics.

To book an appointment,
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